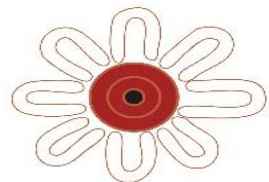




Growing Stronger Living Longer: AH&MRC Chronic Disease Conference

Presented by:
Faye McMillan



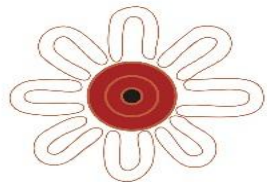
IAHA

Indigenous Allied
Health Australia



Charles Sturt
University

Warning: This presentation contains images of deceased persons.



IAHA

Indigenous Allied
Health Australia



Charles Sturt
University

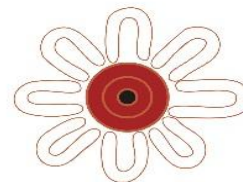


Working Together

Question: Why are we here?

Why do we keep working in Aboriginal Health?

Answer: Our families and communities need
passionate people



IAHA

**Indigenous Allied
Health Australia**

My Family: a case study-

- Two generations that no one has died of natural causes
- Role as daughter, sister, aunt, mum and carer
- Coordinated care of Health professionals is not just about prolonging life but giving meaning to life



Carolyn: Older sister

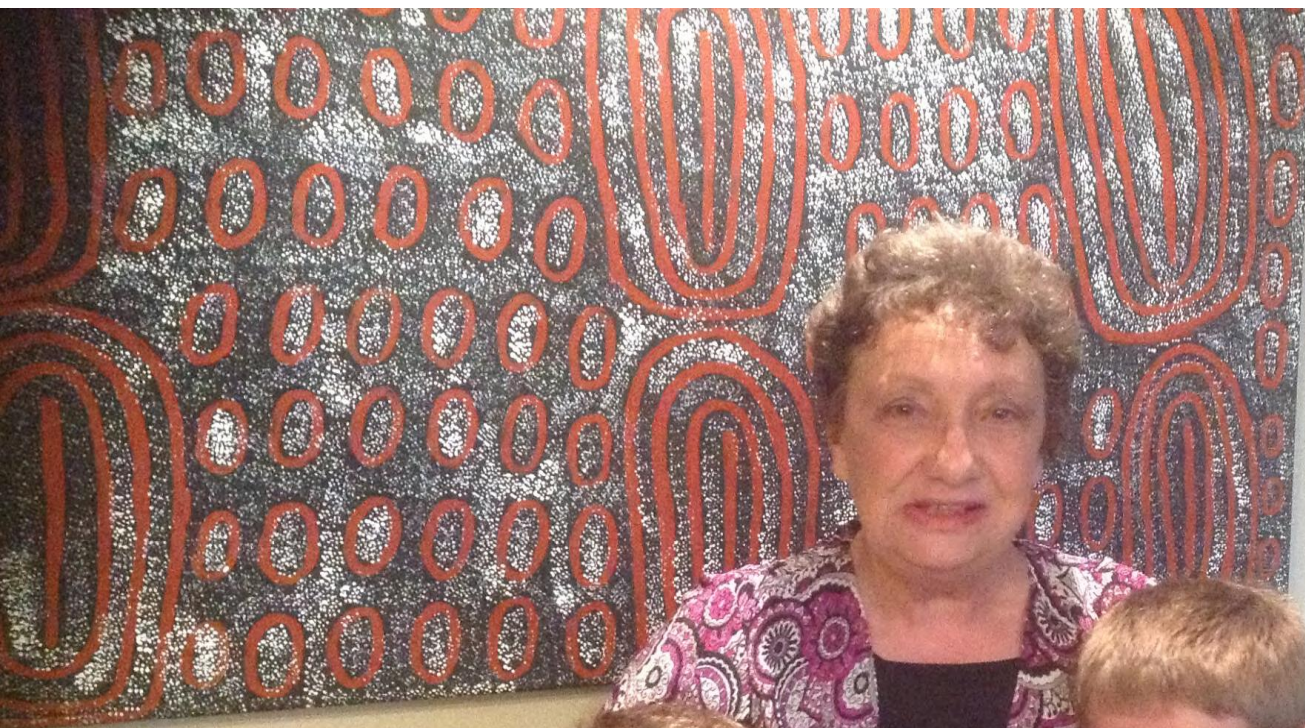
- breast cancer
- palliative care
- Youth- community worked with her children around Grief, Loss and Trauma



Mum

Biomedical –chronic Disease

- Cardio-vascular
- Diabetes
- Cancer
- Respiratory



overseer of health information for the family

- Complimentary roles outside of main roles of nurses and doctors
- The role of allied health professional, sewb counsellors
- Close the Gap
- Understanding as family members the practical supports that help people continue to see the specialists- cost \$ but also social and emotional wellbeing

Establishing network of responsive health professionals

- developing actual relationships that position you in different roles within a multi disciplinary team.
- Sometimes the lead, part of an effective team.
- Unsure that we STOP working in silos.
- Not only ability to use networks effectively, allows opportunity for personal support. When your role changes from health provider to a carer. Use the relationship to get the best possible care for those you hold dear.
- Personal investment, use investments to ensure health gains for everyone!

Recognising that when you start your journey...

You may have opportunities to nurture someone else's aspiration to follow their passion and dreams. We shouldn't shy away from that. Want something different. Different is HARD. When you verbalise your aspirations some don't understand. You need support to do and be that something different. To benefit all.



Reminder that our jobs don't end
when we go home.

When we talk to everyone, we use our
professional knowledge to benefit the people
in our lives.