



Jarrah House

Residential treatment facility for women

Paula Vale (Aboriginal Alcohol and Other Drugs Worker)

Jarrah House



- Established in 1987 as the only women's service to offer detox to women while their children remain in their care
- Jarrah House's mission is to promote the empowerment, health and wellbeing of women and children by providing an effective and therapeutic residential drug and alcohol treatment service.



Eligibility

- Women aged 16+ with or without accompanying children (newborn – age 8)

Priority:

- Aboriginal and Torres Strait Islander women
- Young women
- High risk drug or alcohol use
- MERIT/Drug Court participants
- Pregnant women



Jarrah House Programs:

- Includes a medical detox from alcohol, benzodiazepines and opiates.
- Two Programs:
 - Four Week “Stabilise” program (CBT)
 - Six weeks “skills program (DBT)
 - Art Therapy, (Individual and Group), Yoga, Parenting (Circle of Security)



Referrals

- Self-referrals
- Telephone Assessments Wednesdays, Thursdays and Fridays between 9:30am and 1:00pm ph. 9661 6555



- Thank you!

Contact details

- ▶ Paula Vale: paula@jarrahouse.com.au
- ▶ Office number: 02 9661 6555

