



Workforce Support Unit

**NARHDAN
(NSW Aboriginal
Residential Healing and
Drug and Alcohol
Network)**

10/11/12 June 2015



Harm Minimisation Summit
June 2015
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NARHDAN

NARHDAN stands for NSW Aboriginal Residential Healing and Drug and Alcohol Network.

NARHDAN members are Manager and CEO's of the 6 members of the Aboriginal Residential Rehabilitation service across New South Wales.



Background

Over the past 4 years ADAN, MHDAO, OATSIH have had at least biannual meetings with Aboriginal Residential AOD Services through a representative to offer support and receive feedback as they are specialised services and very few of us.

Funding ceased 2 years ago to assist services getting together from across the state and AH&MRC and ADAN have assisted in keeping going.



Last year a formal agreement was reached to work with AH&MRC, ADAN and NADA and Government agencies to build strength in our services to articulate what we do best so we could lead the way in what works best for Aboriginal people across the state thereby influencing Government to adopt an Aboriginal ways of Healing as a best practice model for Aboriginal people seeking to reduce or eliminate harm from the effects of drug & alcohol misuse and associated behaviours in any service funded to do so being Aboriginal controlled or not.



The members meet quarterly. The members include;

- ❑ **Benelong Haven** - Kempsey North Coast
- ❑ **Namatijita Haven** - Alstonville
- ❑ **'Ngaimpe' The Glen** - Chittaway Bay Central Coast
- ❑ **Oolong House** – Nowra South Coast
- ❑ **Orana Haven** – Brewarrina Central North West
- ❑ **Weigelli** – Cowra Lower Central West



Namatijira Haven

Located on the far north coast of NSW on 5 acres in a rural setting 4 kilometers from Alstonville and have been offering a non judgmental, respectful, compassionate and culturally safe opportunity to heal from the causes and the effects of alcohol and drug misuse since 1974.

Our service can accommodate 19 men for up to 6 months and we also work with up to 45 a year in an outreach/aftercare capacity. We also work with partners and children of our residents in a limited outreach capacity to assist men stay longer in our service by offering advocacy and support with family issues while the man is in our service and also any drug and alcohol issues as there is a great inadequacy of services for women and youth.



“Ngaimpe’ The Glen

Established in 1994 The Glen is a long term 3-6 months residential rehabilitation service for single men based on the Central Coast located on 40 acres.

The programs run is designed to treat a client in a holistic manner to address their issues. This means treating the person as a whole (*spiritually, mentally and physically*).



The program is based on indigenous values and spirituality with a heavy emphasis on the individual and the consequences of the individual's choices. It includes group sessions, one to one counselling, work programs, sport and meetings of NA or AA.

20 beds and increase to 32 this years (even with no increase of funding). Always running at capacity.



Benelong Haven

The services was established in 1974, located in North Coast at South West Rocks. The residential rehabilitation service is for families, couples and single men.

The Program treats all forms of addiction. It does this by seeking to re-establish spiritual bonds in human relationships damaged by addiction. Addiction is reliance on substances or activities for emotional support instead of human relationships.

Benelong Haven works on a therapeutic model, with programs such as AA being held in the morning. The service takes Opiate Replacement Therapy clients, dosing in done off site with facilities for takeaways to be stored.



Oolong House

Oolong House provides residential treatment for Aboriginal and non-Aboriginal men who may have problems with alcohol and other drugs.

This organisation uses culturally appropriate residential treatment for people with addictions, in order to strengthen their mental health in the long term.

Oolong House offers a 16-week residential treatment course, followed by a 'half-way house' and activity programs involving mentors and other health workers.

Weigelli

The Weigelli Centre provides a residential alcohol and other drug rehabilitation service for Aboriginal men, women and couples residing in New South Wales.

The centre is located near the rural area of Cowra in the Central West of NSW and provides a safe and positive place of healing for Aboriginal people experiencing the harmful effects of alcohol and other drugs.

A comprehensive evidence-based program is offered to clients. Non-Indigenous people may also apply to attend the centre.

Orana Haven

Orana Haven is a hostel located in north west New South Wales that provides a rehabilitation service for Aboriginal men suffering from drug and alcohol, the service is open to non Aboriginal men.

It is an initiative of the Aboriginal communities of the Murdi Paaki/Orana Region of NSW in response to the need for a safe, understanding and culturally sensitive sanctuary for Aboriginal people whose lives were being destroyed through the consequences of drug and alcohol abuse.

At Orana Haven they have the chance to build their self esteem and prepare to rejoin their communities as healthier, happier and more productive individuals. Service facilitates an anger management group and drug and alcohol network conduct education groups.

Thank you

I would like to acknowledge the joint contribution from all NARHAN members